

Impact Report 24/25



3002 Armstrong Street, San Diego, CA 92111

(858) 277-9550

CenterforChildren.org



Funding for a portion of our programs provided by the County of San Diego.

Every child deserves the opportunity to heal, grow, and thrive

As we reflect on the past year, one thing is clear: the mental health needs of children and families in our community continue to grow at an unprecedented rate. More youth are struggling with anxiety, depression, trauma, and emotional distress, and too many families still face barriers to accessing timely, effective care.

At the San Diego Center for Children, we believe every child deserves the opportunity to heal, grow, and thrive—and this year we continued to expand and strengthen the ways we support that journey. From community-based services and school partnerships to intensive outpatient care, residential treatment, and specialized education, our team remained focused on providing compassionate, high-quality care for youth across San Diego County.

FY24–25 was also a year of important momentum for our organization. We celebrated the renewal of key accreditations, expanded leadership across our continuum of care, advanced campus improvements that support long-term sustainability, and continued building toward the future of children's mental health services in our region. These milestones reflect both the dedication of our staff and the growing need for innovative, accessible mental health care.

None of this work happens alone. We are deeply grateful to our staff, Board of Trustees, Advisory Council, donors, community partners, volunteers, and families for standing alongside us. Your support helps create hope and healing for thousands of children and families each year.

As we look ahead to our 140th year of service, we remain committed to expanding access to care, strengthening our programs, and continuing to meet the evolving needs of our community. The challenges facing youth mental health are significant, but so is the opportunity to make a lasting impact—together.



Cheryl Rodé PhD

Cheryl Rodé, Ph.D.
President & CEO



Ann Garland

Ann Garland
Chair of the Board of Trustees

By the Numbers

For every child we serve, our work extends to parents, caregivers, siblings, and family members. This year, the Center's programs positively impacted **8,639 individuals across San Diego County**.



1,625

of youth achieved successful program discharge



7,014

family members & caregivers participated in care



8,639

total lives impacted



Over

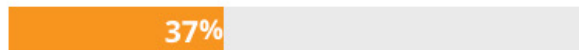
300

foster youth served

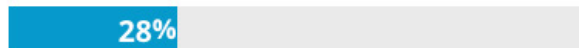
Youth Served by Race/Ethnicity

Ages 0-21

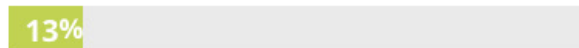
White Caucasian - 37%



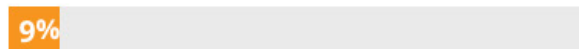
Hispanic - 28%



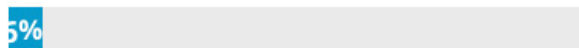
Black/African American - 13%



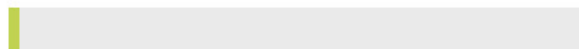
Multiracial/Other - 9%



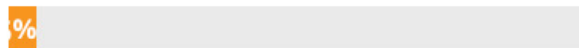
Asian/Pacific Islander - 6%



American Indian/Alaska Native - 2%



Unknown, Not Reported, Missing - 5%



Youth Served by Gender

Ages 0-21



51% Female

42% Male

7% Other

Highlights & Milestones

Joint Commission Re-Certification



The Center was re-certified by The Joint Commission, reaffirming our commitment to the highest standards of safety, quality, and care for the children and families we serve.

WASC Accreditation Renewed



The Academy's WASC accreditation was renewed, reflecting continued excellence in providing trauma-informed education and academic stability for students with complex mental health needs.

Leadership Expansion



To strengthen oversight and impact across our continuum of care, the Center established two new leadership roles:

- Chief Program Officer, Community Based
- Chief Program Officer, Campus Based

This structure supports greater collaboration, accountability, and strategic growth across programs.

Campus & Sustainability Improvements



The Center broke ground on a new solar parking lot project, an important investment in long-term sustainability, operational efficiency, and campus infrastructure.

Expanding Access to Mental Health Care



The Center continued expanding access to services for youth with both Medi-Cal and private insurance, helping more children and families receive timely, appropriate mental health support.

Investing in the Future



The Center continued planning and development efforts for the future Psychiatric Residential Treatment Facility (PRTF), helping address critical gaps in intensive mental health care for youth in our region.

A Full Continuum of Mental Health Care

Why the Continuum Matters

Mental health needs are not one-size-fits-all. The Center's continuum of care allows youth and families to move seamlessly between levels of support as their needs evolve—reducing barriers, improving outcomes, and keeping families connected to care every step of the way.



Prevention & Community Care

Helping children and families access care early through school-based services, outpatient therapy, integrated care, and family support.



1,177

Youth Served



65

Schools/Community Partners

PROGRAMS:

Family Wellness Center
East County Outpatient Program
Wrap Works
FFAST
San Pasqual Outpatient Treatment
Enhanced Care Management (ECM)
Intensive Family Services (IFS)

Intensive Clinical Outpatient Treatment

Structured therapeutic support for youth experiencing significant mental health challenges while remaining connected to family and community.



191

Youth Served



90%

Avoided Psychiatric Hospitalizations

PROGRAMS:

Intensive Outpatient Program
Partial Hospitalization Program

Residential Healing

Residential and educational structured therapeutic support for youth experiencing significant mental health challenges within a safe and nurturing healing environment.



135

Youth Served



91%

Successful Transition

PROGRAMS:

Residential Treatment

Education/Nonpublic School

Trauma-informed education and therapeutic support helping students regain confidence, stability, and academic progress.



100

Youth Served



WASC
Accredited

PROGRAMS:

The Academy

Community of Support

Our signature events help raise awareness and important funds for our program services that support children, teens and their families. They are fun for attendees, as well as fantastic cause-marketing and exposure opportunities for corporate partners.



Over \$200,000 was raised for the Center at our **6th Annual Kids Classic Golf Tournament** at the Rancho Bernardo Inn! The day was packed with friendly competition, great food, networking, games, an awards reception and live auction. We are grateful to our generous sponsors and supporters.



What a night! Thank you to everyone who came out to **Party with a Purpose** at the Belly Up Tavern. We had an incredible evening enjoying live performances, mingling with friends, and making a real difference together. Thank you for making it such a success!



The Center's annual **Holiday Toy Drive** was another incredible success. By teaming up with more than 30 local businesses and organizations, we gathered hundreds of toys and gift cards for the children and teens supported at the Center. We truly appreciate our wonderful community of supporters.

Financial Stability

Statement of Financial Position

	6/30/2025	6/30/2024
Total Assets	\$20,961,522	\$22,796,343
Total Liabilities	\$6,909,768	\$6,972,296
Total Net Assets	\$14,051,754	\$15,824,047
Total Liabilities & Net Assets	\$20,961,522	\$22,796,343



Statement of Activities

REVENUE & SUPPORT

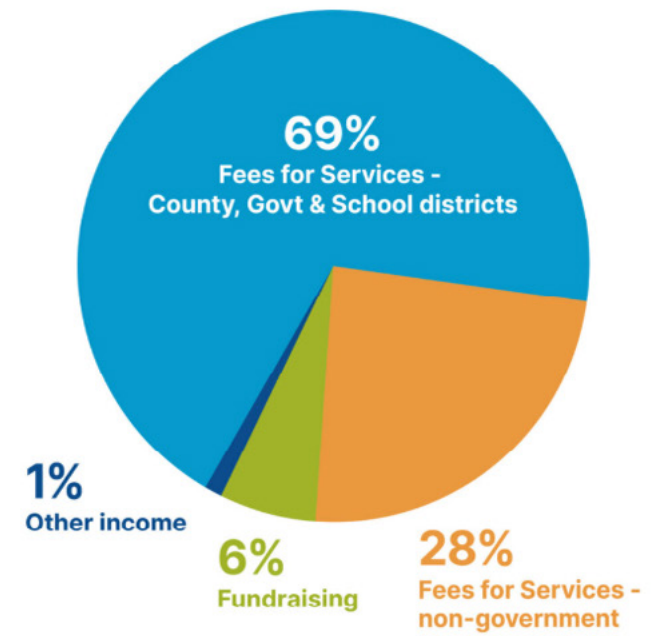
Fees for Services - County, Govt & School districts	\$20,585,000
Fees for Services - non government	\$7,344,367
Fundraising	\$1,701,028
Other Income	\$373,015
Total Revenue & Support	\$30,003,410

EXPENSES

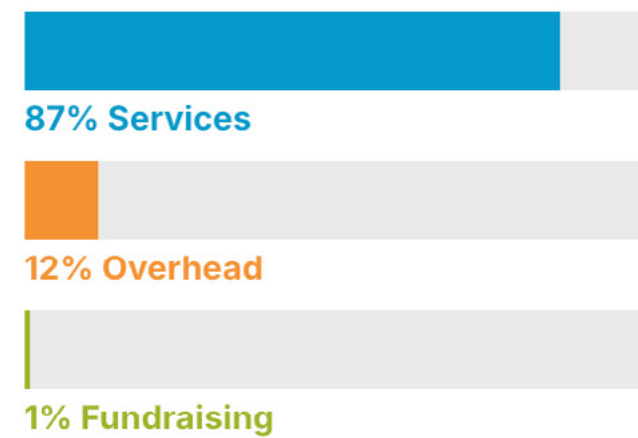
Services	\$27,676,954
Overhead	\$3,690,886
Fundraising	\$407,863
Total Expenses	\$31,775,703

Changes in Net Assets	(\$1,772,293)
Net Assets beginning of year	\$15,824,047
Net assets end of year	\$14,051,754

Revenue & Support



Expenses



Thank You to Our Community Partners

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An aerial photograph of a park featuring basketball courts, playground equipment, and a building in the background. The image is covered with a green-to-blue gradient overlay.

Thank You